

Government of Pakistan
National Vocational and Technical Training Commission
“Prime Minister’s Youth Skill Development Programme”



Course Contents / Lesson Plan
Course Title: Drawing and Painting
Duration: 1 Months

Trainer Name	Ms. Anum Malik Ms. Marriam Haseeb
Author's Name	Ms. Marriam Haseeb
Course Title	Drawing and Painting
Objectives and Expectations	<p>COURSE LEARNING OUTCOMES</p> <p>Upon successful completion of course, students should be able to:</p> <ul style="list-style-type: none"> • Understand the elements of art (line, shape, value, texture, composition colour and perspective). • Draw various objects and human body through exercises dealing with observation and enjoyable rendering of shape, volume, tone balance, proportion and spatial relationship. • Use different mediums, like watercolour, gouache, oil and dry pastels etc. • Produce thematic artwork in various art media.
Entry-level of trainees	Matric/FA/FSC and graduates
Learning Outcomes of the course	<p>By the end of this course, students will be able to:</p> <ul style="list-style-type: none"> • Understand the basic painting and drawing techniques • Understand composition, Proportion and perspective • Create a still life painting, large scale painting • Implement traditional drawing techniques in the form of self portrait
Course Execution Plan	<p>The total duration of the course: 1 months (4 Weeks)</p> <p>Class hours: 4 hours per day</p> <p>Theory: 20%</p> <p>Practical: 80%</p> <p>Weekly hours: 20 hours per week</p> <p>Total contact hours: 80 hours</p>
Companies offering jobs in the respective trade	<p>Public/Private industries including:</p> <ul style="list-style-type: none"> • Berger paints • Blue bird • Nippon paints • International galleries • PNCA • Gallery six • Alhamra art councils • Ejaz art gallery Lahore • Hamayl Art gallery • Graphic designing agencies
Job Opportunities	<ul style="list-style-type: none"> • Professional painters • Free lancers • Drawing masters • Textile industries • Graphic studios • Entrepreneurs • Online digital marketing platforms
No of Students	25
Learning Place	Classroom / Lab

Instructional Resources	RECOMMENDED READING TEXT <ul style="list-style-type: none">• Tate E & Harrison H. (2011). American Artist Guide To Painting Techniques. American Artist Guide To Painting Techniques• King J. (2012). Acrylic Painting. Barrons Educational Series Inc.• Gale C. (2009). Practical Printmaking. Colin Gale• Parks S. (2014). Drawing Secrets Revealed Basics How To Draw Anything.• North Light Books/F W Publications Inc.• Vierhaus B. (2018). Detail Drawing Fundamentals Of Presentation Basics. Walter De Gruyter Ltd
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MODULES

Schedule d Weeks	Module Title	Days	Hours	Learning Units	Home Assignment
Week 1	Introduction to drawing and painting Materials, contour lines, value, view finder, sighting	Day 1	Hour 1-2	Recognize and identify the basic materials used in drawing & painting class.	Task 1 Charcoal <i>Details may be seen at Annexure-I</i>
			Hour 3-4	Contour line Create a body of work that emphasizes the use of contour lines. Employ cross contours to describe values of drawn forms in space	
		Day 2	Hour 1-2	Introduce charcoal medium, recreation of any master painting Demonstration and practice	
			Hour 3-4	Contour and Charcoal Create a body of work that emphasizes the expressive qualities of line.	
		Day 3	Hour 1-2	Value Create a multi-step value scale and a continuous value scale with seamlessly modulated transitions. View finder Demonstrate ability to assess composition within drawing using a viewfinder	
			Hour 3-4	Charcoal medium, recreation of any master painting Additive and Subtractive drawing Create a drawing using the additive and subtractive method on toned paper.	
		Day 4	Hour 1-2	Sighting Demonstrate an understanding of sighting and its use in the pursuit of correct perspective.	

			Hour 3-4	Hatching, cross hatching and texture Demonstrate competence in constructing basic forms without either object lines or construction lines by using the hatching, cross hatching, and other textural techniques.	
		Day 5	Hour 1-2	Demonstration and practice of landscape painting	
			Hour 3-4	Axes and ellipses Demonstrated competence with axes and ellipses by drawing bottles, stemware and similar cylinder forms. Indicate axes and ellipses with construction lines as well as contour and object lines.	
Week 2	Landscape drawing	Day 1	Hour 1-2	Introduction to landscape drawing and painting Introduction of acrylic medium	Task 2 Landscape drawing <i><u>Details may be seen at Annexure-I</u></i>
			Hour 3-4	Chiaroscuro Employ chiaroscuro to illustrate values of forms in space.	
		Day 2	Hour 1-2	Demonstrate expertise in describing forms using monochrome value as the principle means of development.	
			Hour 3-4	Demonstrate expertise in describing forms using monochrome value as the principle means of development.	
		Day 3	Hour 1-2	Perspective Illustrate an understanding of linear perspective by creating a drawing of three dimensional structures with construction lines, object lines, horizon line and vanishing points all indicated. Demonstrate an understanding of two-point perspective by creating a drawing with	

				several three-dimensional objects along with nil constructions lines, object lines, horizon Study of line and vanishing points	
			Hour 3-4	Linear perspective technique copy work Demonstrate competence in copy work from a masterpiece drawing in which line is the dominant method of development.	
		Day 4	Hour 1-2	Perspective drawing technique using pencil and pencil colours	
			Hour 3-4	Perspective drawing technique using pencil colour medium	
		Day 5	Hour 1-2	Recreate a famous landscape painting by an old master painter	
			Hour 3-4	Recreate a famous landscape painting by an old master painter	
Week 3	Self-portrait	Day 1	Hour 1-2	Recreate a famous landscape painting by an old master painter	Task 3 Self-portrait <i>Details may be seen at Annexure-I</i>
			Hour 3-4	Recreate a famous landscape painting by an old master painter	
		Day 2	Hour 1-2	Self-portrait Create a self-portrait with emphasis on proper proportions and tonal values.	
			Hour 3-4	Create a self-portrait with advanced knowledge of composition, colour, and proportion	
		Day 3	Hour 1-2	Create a self-portrait with emphasis on composition, colour, and proportion.	
			Hour 3-4	Traditional techniques Demonstrate knowledge about grisaille, glazing, scumbling, and feathering approaches in painting.	

		Day 4	Hour 1-2	Traditional techniques Demonstrate knowledge about grisaille, glazing, scumbling, and feathering approaches in painting.	
			Hour 3-4	Traditional techniques Demonstrate knowledge about grisaille, glazing, scumbling, and feathering approaches in painting.	
		Day 5	Hour 1-2	Contemporary techniques: Demonstrate knowledge about alla prima, impasto, open edge effects, and colour blocks interaction approaches in painting	
			Hour 3-4	Contemporary techniques: Demonstrate knowledge about alla prima, impasto, open edge effects, and colour blocks interaction approaches in painting	
Week 4	Still life	Day 1	Hour 1-2	Individualize palettes Create a still life image restricted to warm/cool colours.	Task 4 Still life <i><u>Details may be seen at Annexure-I</u></i>
			Hour 3-4	Individualize palettes Create a still life image restricted to warm/cool colors.	
		Day 2	Hour 1-2	Individualize palettes Create a still life image restricted to warm/cool colours.	
			Hour 3-4	Individualize palettes Create a still life image restricted to warm/cool colours.	
		Day 3	Hour 1-2	Inspiration from a master work Create a copy of a masterpiece painting focusing on colour, composition, and proportion.	
			Hour 3-4	Inspiration from a master work Create a copy of a masterpiece painting focusing on colour, composition, and proportion.	

		Day 4	Hour 1-2	Preparation for the exhibition	
			Hour 3-4	Display of the work done	
		Day 5	Hour 1-2	Display of the work done	
			Hour 3-4	Display of the work done	

Tasks for Certificate in Drawing and Painting

Description	Week
Charcoal still life independently	Week 1
Landscape drawing and painting	Week 2
Self-portrait drawing using traditional drawing techniques	Week 3
Still life painting with acrylic paints	Week 4

MATERIAL RESOURCES

Sr. No.	Items
1.	Scholar sheets
2.	Graphite pencils
3.	Drawing and shading pencils (2A, 2B, 3B, 4B, 6B, 9B, 12B)
4.	Charcoal sticks and powder
5.	Erasers
6.	Sharpener
7.	Canvases (2X1.5 feet)
8.	Acrylic paints (Maries/Bluebird)
9.	Blushes (Synthetic; square and round) (0 to 4, 6, 8, 12, 14, 16)
10.	Palettes large size (plastic)
11.	Containers (multiple sizes)
12.	Easels (steel/wooden)
13.	Drawing boards
14.	Thumb pins
15.	Paper tape
16.	Newspaper prints

Motivational Lectures
Drawing and Painting

MOTIVATIONAL SUCCESS STORIES OF THE PROFESSIONAL ARTISTS

- https://youtu.be/iDmAtAiYT1U?si=0-18W9kTM_wVyP-E
- https://youtu.be/mPBHeE46yOE?si=QRvzoEv9AsL1LJ_e

STUDY OF THE WORK BY OLD PAINTING MASTERS

- Amin Gujee
- Sadiqain
- Manet
- Monet
- Leonardo De'vinci

RECOMMENDED READING TEXT

- Tate E & Harrison H. (2011). American Artist Guide To Painting Techniques. American Artist Guide To Painting Techniques
- King J. (2012). Acrylic Painting. Barrons Educational Series Inc.
- Gale C. (2009). Practical Printmaking. Colin Gale
- Parks S. (2014). Drawing Secrets Revealed Basics How To Draw Anything.
- North Light Books/F W Publications Inc.
- Vierhaus B. (2018). Detail Drawing Fundamentals Of Presentation Basics. Walter De Gruyter Ltd
- Picard A. (2016). Beginning Drawing A Multidimensional Approach To Learning The Art of Basic Drawing. Walter Foster Publishing Quarto Group USA
- Poxon D. (2015). The Complete Drawing Course Your Step By Step Guide To Drawing And Sketching In Pencil Ink Charcoal Pastel And Colored Pencil. Chartwell Book Book Sales Inc.

Workplace/Institute Ethics Guide

Work ethic is a standard of conduct and values for job performance. The modern definition of what constitutes good work ethics often varies. Different businesses have different expectations. Work ethic is a belief that hard work and diligence have a moral benefit and an inherent ability, virtue, or value to strengthen character and individual abilities. It is a set of values-centered on the importance of work and manifested by determination or desire to work hard.

The following ten work ethics are defined as essential for student success:

1. Attendance:

Be at work every day possible, plan your absences don't abuse leave time. Be punctual every day.

2. Character:

Honesty is the single most important factor having a direct bearing on the final success of an individual, corporation, or product. Complete assigned tasks correctly and promptly. Look to improve your skills.

3. Team Work:

The ability to get along with others including those you don't necessarily like. The ability to carry your weight and help others who are struggling. Recognize when to speak up with an idea and when to compromise by blend ideas together.

4. Appearance:

Dress for success set your best foot forward, personal hygiene, good manner, remember that the first impression of who you are can last a lifetime

5. Attitude:

Listen to suggestions and be positive, accept responsibility. If you make a mistake, admit it. Values workplace safety rules and precautions for personal and co-worker safety. Avoids unnecessary risks. Willing to learn new processes, systems, and procedures in light of changing responsibilities.

6. Productivity:

Do the work correctly, quality and timelines are prized. Get along with fellows, cooperation is the key to productivity. Help out whenever asked, do extra without being asked. Take pride in your work, do things the best you know-how. Eagerly focuses energy on accomplishing tasks, also referred to as demonstrating ownership. Takes pride in work.

7. Organizational Skills:

Make an effort to improve, learn ways to better yourself. Time management; utilize time and resources to get the most out of both. Take an appropriate approach to social interactions at work. Maintains focus on work responsibilities.

8. Communication:

Written communication, being able to correctly write reports and memos.
Verbal communications, being able to communicate one on one or to a group.

9. Cooperation:

Follow institute rules and regulations, learn and follow expectations. Get along with fellows, cooperation is the key to productivity. Able to welcome and adapt to changing work situations and the application of new or different skills.

10. Respect:

Work hard, work to the best of your ability. Carry out orders, do what's asked the first time. Show respect, accept, and acknowledge an individual's talents and knowledge. Respects diversity in the workplace, including showing due respect for different perspectives, opinions, and suggestions.