Government of Pakistan

National Vocational and Technical Training Commission Prime Minister's Hunarmand Pakistan Program

"Skills for All"



Course Contents / Lesson Plan

Course Title: Fashion Design & Dress Making

Duration: 6 Months

Revised Edition

Trainer Name	
Author	Shabir Hussain, Chief Instructor Dress Making Fashion Designing GTVC Boys Gulbahar Peshawar. National CBT Assessor, National Accreditation Expert.
Course Title	Fashion Designing & Dress Making
Objectives and Expectations	Employable skills for SSC Students through an intensive course on Fashion Design & Dress making and its application. This is a special course designed to address unemployment in the youth. The course aims to achieve the above objective through hands on practical training delivery by a team of dedicated professionals having rich market/work experience. This course is therefore not just for developing a theoretical understanding/back ground of the trainees. Contrary to that, it is primarily aimed at equipping the trainees to perform commercially in a market space in independent capacity or as a member of a team. The course therefore is designed to impart not only technical skills but soft skills as well as entrepreneurial skills deemed essential for that purpose i.e. communication skills; marketing skills (including freelancing); personal grooming of the trainees and inculcation of the positive work ethics to foster better citizenship in general and improve the image of Pakistani work force in particular. Main Expectations: In short, the course under reference should be delivered by professional instructors in such a robust hands- on manner that the trainees are comfortably able to employ their skills for earning money (through wage/self-employment) at its conclusion. This course thus clearly goes beyond the domain of the traditional training practices in vogue and underscores an expectation that a market centric approach will be adopted as the main driving force while delivering it. The instructors should therefore be experienced enough to be able to identify the training needs for the possible market roles available out there. Moreover, they should also know the strengths and weaknesses of each individual trainee to prepare them for such market roles during/after the training.

Key Features of Training& Special **Modules**

(i)

- Specially designed practical tasks to be performed by the trainees have been included in the Annexure-I to this document. Their weekly distribution has also been indicated in the weekly lesson plan given in this document. The record of all tasks performed individually or in groups must be preserved by the management of the training Institute clearly labeling name, trade, so that these ready to be are inspected/verified through monitoring visits from time to time. The weekly distribution of tasks has also been indicated in the weekly lesson plan given in this document.
- (ii) In order to materialize the main expectations, a special module on Job Search & Entrepreneurial Skills has been included in the course through which, the trainees will be made aware of the Job search techniques in the local job markets. The trainees would also be encouraged to venture into self-employment and exposed to the main requirements in this regard. It is also expected that a sense of civic duties/roles and responsibilities will be inculcated in the trainees to make them responsible citizens of the country.
- (iii) A module on **Work Place Ethics** has also been included to highlight the importance of good and positive behavior at work place in the line with the best practices elsewhere in the world. An outline of such qualities has been given in the Appendix to this document. Its importance should be conveyed in a format that is attractive and interesting for the trainees such as through PPT slides + short video documentaries. Needless to say that if the training provider puts his heart and soul into these, otherwise non-technical components, the of Pakistani workforce would undergo positive transformation in the local as well as international job markets.

In order to maintain interest and motivation of the trainees throughout the course, modern techniques such as:

- Motivational lectures
- Success stories
- Case studies (In documentary or presentation format)

These would be employed as additional training tools wherever possible (these are explained in the subsequent section on Training Methodology).

Lastly, evaluation of the competencies acquired by the trainees will be done objectively at various stages of the training and proper record of the same will be maintained. Suffice to say that for such evaluations, practical tasks would be designed by the training providers to gauge the problem solving abilities of the trainees.

Training Tools/ Methodology

(i) Motivational Lectures

The proposed methodology for the training under reference employs motivation as a tool. Hence besides the purely technical content, a trainer is required to include elements of motivation in his/her lecture to inspire the trainees to utilize the training opportunity to the full and strive towards professional excellence. Motivational lectures may also include general topics such as the importance of moral values and civic role & responsibilities as a Pakistani. A motivational lecture should be delivered with enough zeal to produce a deep impact on the trainees. It may comprise of the following:

- Clear Purpose to convey message to trainees effectively.
- Personal Story to quote as an example to follow.
- Trainees fit so that the situation is actionable by trainees and not represent a just idealism.
- Ending Points to persuade the trainees on changing themselves

A good motivational lecture should help drive creativity, curiosity and spark the desire needed for trainees to want to learn more. Impact of a successful motivational strategy is amongst others commonly visible in increased class participation ratios. It increases the trainees' willingness to be engaged on the practical tasks for longer time without boredom and loss of interest because they can clearly see in their mind's eye where their hard work would take them in short (1-3 years); medium (3 -10 years) and long term (more than 10 years).

This tool is designed for training providers to ensure arrangements for regular well planned motivational lectures as part of a coordinated strategy interspersed throughout the training period as suggested in the weekly lesson plans in this document.

(ii) Success Stories

Another effective way of motivating the trainees is by means of Success Stories. Its inclusion in the weekly lesson plan at regular intervals has been recommended till the end of the training. A success story may be disseminated orally, through a presentation or by means of a video/documentary of someone that has risen to fortune, acclaim, or brilliant achievement. A success story shows how a person achieved his goal through hard work, dedication and devotion. An inspiring success story contains compelling and significant facts articulated clearly and easily comprehendible words. Moreover, it is helpful if it is assumed that the reader/listener knows nothing of what is being revealed. Optimum impact is created when the story is revealed by the person himself either:

- Directly (in person) or,
- Through an audio/ videotaped message.

It is expected that the training provider would collect relevant high quality success stories for inclusion in the training as suggested in the weekly lesson plan given in this document.

Suggestive structure and sequence of a sample success story and its various shapes.

(iii) Case Studies

Where a situation allows, case studies can also be presented to the trainees to widen their understanding of the real life specific problem/situation and to explore the solutions. In simple terms, the case study method of teaching uses a real life case example/a typical case to demonstrate a phenomenon in action and explain theoretical as well as practical aspects of the knowledge related to the same. It is an effective way to help the trainees comprehend in depth both the theoretical and practical aspects of the complex phenomenon in depth with ease. Case teaching can also stimulate the trainees to participate in discussions and thereby boost their confidence. It also makes class room atmosphere interesting thus maintaining the trainee interest in training till the end of the course. Depending on suitability to the trade, the weekly lesson plan in this document may suggest case studies to be presented to the trainees. The trainer may adopt a power point presentation or video format for such case studies whichever is deemed suitable but it's important that only those cases are selected that are relevant and of a learning value.

The Trainees should be required and supervised to carefully analyze the cases. For the purpose they must be encouraged to inquire and collect specific information / data, actively participate in the discussions and intended solutions of the problem / situation. Case studies can be implemented in the following ways:-

- i. A good quality trade specific documentary (At least 2-3 documentaries must be arranged by the training institute)
- ii. Health & Safety case studies (2 cases regarding safety and industrial accidents must be arranged by the training institute).
- iii. Field visits (At least one visit to a trade specific major industry/ parlors site must be arranged by the training institute)

Specific Objectives

Fashion Designing:

After the completion of this course the trainee will be able to:

- Understand the selection of Fabric.
- Understand about the different types of fashion designing material.
- Understand the fundaments of creative design of dress.
- Describe using different colors and dyes to produce textile design.

Dress Making:

- Take safety precautions in dress making.
- Describe the operation and function of various sewing machines and related equipment and Tools.
- Describe the composition and types of different material used in dress making.
- Understand the fundamentals of creative designing of dress.
- Do preventive maintenance of machine cleaning, oiling and replacement of parts.

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Knowledge	Fashion Designing Knowledge Requirements:
Requirements	After the completion of this course the trainee will be able to:
	 Understand various sewing machines used in the field
	 Describe different kinds of pattern making method
	 Describe different types of colors and method of dying
	Understand fashion designing and analyze various design
	<u>Dress Making Knowledge Requirements :</u>
	 Take safety precautions in dress making Understand various sewing machines used in field of dress making
	 Demonstrate the selection of material such as fabric, thread and other
	accessories according to quality, design and fashion
	Understand dress making and analyze various designs
	 Carry out preventive maintenance and minor repair of sewing machine,
	related equipment and tools
Skill	Fashion Designing Skill Requirements:
Requirements	After the completion of this course the trainee will be able to:
	Know the use of tools and machines
	Develop draft pattern of sleeves , collars , shirts , skirts trousers Payalan and the darking of drags and drags and the factories.
	Develop creative designs of dress according to the fashion Develop designs on dynastic / shirt by tip and dynastic property.
	 Develop designs on dupatta / shirt by tie and dye techniques Use block printing techniques
	Dress Making Skill Requirements:
	Take safety precautions in dress making
	Demonstrate the use of tools and machines
	 Develop draft pattern of sleeves, collars, shirts, skirts, trousers
	 Develop creative designs of dresses according to the latest fashion
	 Diagnose and repair faults in the machines
Entry-level of trainees	SSC (Matric)
Course	 Total Duration of Course: 06 Months (24 Weeks)
Execution	 Class Hours: 4 Hours per day (05 Days/Week)
plan	Theory: 20% Practical: 80% Theory: 20% Practical: 80%
	Weekly Hours: 20 Hours Per week Total Contact Hours: 400 Hours
	Total Contact Hours: 480 Hours
Job	The pass outs of this course may find job / employment
Opportunities	opportunities in the following areas / sectors: -\
	Entrepreneurship
	Pattern Drafting & cutting Ottobio 7: Ottobio 7
	Stitching Assistant Matif Dayslandr
	Assistant Motif DeveloperTeaching
	Craftsman
	Can work in garments industry
	Assistant Industrial Stitching
	They can establish their own boutiques.
	 They can work at home for domestic purpose as well as industry.
No of Trainees	25
Learning Place	Classroom / Lab

MODULES

Schedu led Weeks	Module Title	Days	Hours	Learning Units	Home Assignment
Week 1		Day 1	Hour 1	Course Introduction	
	Design Process		Hour 2	Application of the course	
			Hour 3	Health & Safety	
			Hour 4	Health & Safety	∙Task 1
		Day 2	Hour 1	What is design	<u>Details may</u> <u>be seen at</u> <u>Annexure-I</u>
			Hour 2	Change in Textile	
			Hour 3	Change in technology	
			Hour 4	Change for life style	
	Color and figure	Day 3	Hour 1	Introduction to colors (Value-Light and pigment colors)	
			Hour 2	Introduction to colors (Value-Light and pigment colors)	
			Hour 3	Primary & Secondary colour chart. (Colour wheel)	•Task 2 •Task 3
			Hour 4	Primary & Secondary colour chart. (Colour wheel)	• Task 4 <u>Details may</u> <u>be seen at</u>
		Day 4	Hour 1	Making rainbow colour chart. (Colour wheel with tints and shades)	Annexure-I
			Hour 2	Making Primary & Secondary , Tartary and Neutral colors	

		Hour 3	Making Primary & Secondary , Tartary and Neutral colors	
		Hour 4	Making rainbow colour chart. (Colour wheel with tints and shades)	
	Day 5	Hour 1	Making rainbow colour chart. (Colour wheel with tints and shades)	
		Hour 2	Making rainbow colour chart. (Colour wheel with tints and shades)	
		Hour 3	Prepare Warm & cool colour Study of Different Mediums of Colours	
		Hour 4	Prepare Warm & cool colour Study of Different Mediums of Colours	
Week 2	Day 1	Hour 1	Prepare Warm & cool colour Study of Different Mediums of Colours	
		Hour 2	Prepare Warm & cool colour Study of Different Mediums of Colours	
		Hour 3	Making Primary & Secondary , Tartary and Neutral colors	∙Task 5 •Task 6
		Hour 4	Making Primary & Secondary , Tartary and Neutral colors	• I ask 6 <u>Details may</u>
	Day 2	Hour 1	Color scheme	be seen at Annexure-I
		Hour 2	Color scheme	
		Hour 3	Color scheme	
		Hour 4	Color scheme	

		Da.: 0	Harri 4	Tipto and Observes	
		Day 3	Hour 1	Tints and Shades	
			Hour 2	Tints and Shades	
			Hour 3	Tints and Shades	
			Hour 4	Tints and Shades	
		Day 4	Hour 1	Classification of figures	
			Hour 2	Classification of figures	
			Hour 3	Classification of figures	
			Hour 4	Classification of figures	
		Day 5	Hour 1	Tints and Shades	
			Hour 2	Tints and Shades	
			Hour 3	Color and combination in clothes	
			Hour 4	Color and combination in clothes	
Week 3	Standard Bodes measurement	Day 1	Hour 1	Introduction to measuring tools and how to measure. Taking measurements of human body for women's swear and men's wear.	
			Hour 2	Taking measurements of human body for women's swear and men's wear.	

			Hour 3	Taking measurements of human body for women's swear and men's wear.	• Task 7 • Task 8 • Task 9
			Hour 4	Taking measurements of human body for women's swear and men's wear.	• Task 10 • Task 11
		Day 2	Hour 1	Importance of measurements in children' swears for different sizes from infant to adolescent.	<u>Details may</u> <u>be seen at</u> <u>Annexure-I</u>
			Hour 2	Adjusting measurements from woven pattern	
			Hour 3	Adjusting measurements from woven pattern	
			Hour 4	Adjusting measurements from woven pattern	
		Day 3	Hour 1	Introduction to pattern making tools	
	Basic bodice block		Hour 2	Introduction to pattern making tools	
			Hour 3	Introduction to pattern making tools	
			Hour 4	Introduction to pattern making tools	
		Day 4	Hour 1	Basic bodice block (Female)	
			Hour 2	Basic bodice block (Female)	
			Hour 3	Basic bodice block (Female)	
			Hour 4	Basic bodice block (Female)	

		Day F	Hour 1	Pasia hadisa blask (Mala)	
		Day 5	170ul 1	Basic bodice block (Male)	
			Hour 2	Basic bodice block (Male)	
			Hour 3	Basic bodice block (Male)	
			Hour 4	Basic bodice block (Male)	
				,	
Week 4	Using Paper	Day 1	Hour 1	Basic bodice block (Kids)	
	Patterns				
			Hour 2	Basic bodice block (Kids)	
				= 1.0.0 000.000 (1000)	
			Hour 3	Basic bodice block (Kids)	
			Hour 4	Basic bodice block (Kids)	
			11001 4	basic bodice block (Nius)	
		Day 2	Hour 1	Making pattern of basic skirt	
				for women's wear & its	∙Task 12
			Hour 2	Variations	• Task 13
			Hour 2	Making pattern of basic skirt for women's wear & its	∙Task 14
				Variations	∙Task 15
			Hour 3	Making pattern of basic skirt	Details may
				for women's wear & its	<u>be seen at</u>
			Here t	Variations	Annexure-I
			Hour 4	Making pattern of basic skirt for women's wear & its	
				Variations	
		Day 3	Hour 1	Making pattern of basic	
				sleeve block	
			Hour 2	Making pattern of basic	
				sleeve block	
			Hour 3	Making pattern of basic	
				sleeve block	
			Hour 4	Making pattern of basic	
				sleeve block	

		Day 4	Hour 1	Dart shifting exercises.	
			Hour 2	Dart shifting exercises.	
			riour z	Dart Stillting exercises.	
				5 . 170	
			Hour 3	Dart shifting exercises.	
			Hour 4	Dart shifting exercises.	
		Day 5	Hour 1	Introduction to sleeves.	
	Sleeves		Hour 2	Puff sleeve	
			Hour 3	Puff sleeve	
			Hour 4	Puff sleeve	
			Hour 4	Full Sleeve	
Week 5		Day 1	Hour 1	Tulip sleeve	
			Hour 2	Tulip sleeve	
			Hour 3	Tulip sleeve	
					∙Task 16
			Hour 4	Tulip sleeve	∙Task 17
					∙Task 18 •Task 19
		Day 2	Hour 1	Flared sleeve	
		, _			<u>Details may</u> <u>be seen at</u>
			Hour 2	Flared sleeve	Annexure-I
			110ul Z	i iaieu sieeve	
			Hour 3	Flared sleeve	
			Hour 4	Flared sleeve	
			Hour 3 Hour 4	Flared sleeve Flared sleeve Flared sleeve	

		Day 3	Hour 1	Introduction to collars.	
		Day 3	rioui i	introduction to collars.	
	Collars				
			Hour 2	Construction of top with	
			11041 2	panels and mandarin/band	
				collar	
			Hour 3	Construction of top with	
				panels and mandarin/band collar	
				Collai	
			Hour 4	Construction of top with	
				panels and mandarin/band	
				collar	
		Day 4	Hour 1	Two Piece Collar	
			Hour 2	Two Piece Collar	
			Hour 3	Two Piece Collar	
			11	T Dia sa Oallan	
			Hour 4	Two Piece Collar	
		Day 5	Hour 1	Band Collar	
			1.04.		
			Hour 2	Band Collar	
			Hour 3	Band Collar	
				D 10 "	
			Hour 4	Band Collar	
Wook 6		Day 1	Hour 1	Flared collar	
AACGV O		рау і	riour i	i iaieu collai	
			Hour 2	Flared collar	
Week 6		Day 5	Hour 1 Hour 3 Hour 4 Hour 1	Band Collar Band Collar Band Collar Band Collar Flared collar Flared collar	

		Hour 3	Flared collar	
				• Task 20 • Task 21
		Hour 4	Flared collar	• Task 22
Skirts	Day 2	Hour 1	Introduction to Skirt and Construct basic skirt block	<u>Details may</u> <u>be seen at</u> <u>Annexure-l</u>
		Hour 2	Basic skirt block	
		Hour 3	Basic skirt block	
		Hour 4	Basic skirt block	
	Day 3	Hour 1	A-Line skirt	
		Hour 2	A-Line skirt	
		Hour 3	A-Line skirt	
		Hour 4	A-Line skirt	
	Day 4	Hour 1	Straight skirt	
		Hour 2	Straight skirt	
		Hour 3	Straight skirt	
		Hour 4	Straight skirt	
	Day 5	Hour 1	Circular skirt	

			Hour 2	Circular skirt	
			Hour 3	Circular skirt	
			Hour 4	Circular skirt	
Week 7	Tie and dye and its techniques	Day 1	Hour 1	Introduction to Tie & dye.	
			Hour 2	Tie dyeing Technique Single color dye	
			Hour 3	Tie dyeing Technique Single color dye	
			Hour 4	Tie dyeing Technique Single color dye	
		Day 2	Hour 1	Tie dyeing Technique Multi Color	
			Hour 2	Tie dyeing Technique Multi Color	• Task 23 <u>Details may</u>
			Hour 3	Tie dyeing Technique Multi Color	<u>be seen at</u> <u>Annexure-I</u>
			Hour 4	Tie dyeing Technique Multi Color	
		Day 3	Hour 1	Tie dyeing Technique Twisting	
			Hour 2	Tie dyeing Technique Twisting	
			Hour 3	Tie dyeing Technique Twisting	
			Hour 4	Tie dyeing Technique Twisting	

		Day 4	Hour 1	Tie dyeing Technique Knotting	
			Hour 2	Tie dyeing Technique Knotting	
			Hour 3	Tie dyeing Technique Knotting	
			Hour 4	Tie dyeing Technique Knotting	
		Day 5	Hour 1	Tie dyeing Technique Pleating, Swirl , Web Knotting etc:	
			Hour 2	Tie dyeing Technique Pleating , Swirl , Web Knotting etc:	
			Hour 3	Tie dyeing Technique Pleating, Swirl, Web Knotting etc:	
			Hour 4	Tie dyeing Technique Pleating, Swirl , Web Knotting etc:	
Week 8	Using pens and paints	Day 1	Hour 1	Felt tipped fabric pens and crayons	
			Hour 2	Felt tipped fabric pens and crayons	
			Hour 3	Felt tipped fabric pens and crayons	Task 24Task 25Task 26
			Hour 4	Felt tipped fabric pens and crayons	<u>Details may</u> <u>be seen at</u> <u>Annexure-I</u>
		Day 2	Hour 1	Fabric painting	
			Hour 2	Fabric painting	

			Hour 3	Fabric painting	
			1	. aono panting	
			Hour 4	Fabric painting	
		Day 3	Hour 1	Fashion Figures (Female	
				,Male)	
	Drawing and		Hour 2	Fachian Figures / Famala	
	sketches		Hour 2	Fashion Figures (Female ,Male)	
				,,	
			Hour 3	Fashion Figures (Female	
				,Male)	
			Hour 4	Fashion Figures (Female	
				,Male)	
		Day 4	Hour 1	Fashion Figures (Female ,Male)	
				,iviais)	
			Hour 2	Fashion Figures (Female	
				,Male)	
			Hour 3	Fashion Figures (Female	
			11001 3	,Male)	
				, in the second	
			Hour 4	Fashion Figures (Female	
				,Male)	
		Day 5	Hour 1	Fashion Figures (Female	
				,Male)	
			Hour 2	Foobien Figures / Forests	
			Hour 2	Fashion Figures (Female ,Male)	
				,	
			Hour 3	Fashion Figures (Female	
				,Male)	
			Hour 4	Fashion Figures (Female	
				,Male)	
14/1 O		Dreid	1100004	Facial Factors	
Week 9		Day 1	Hour 1	Facial Features	
			Hour 2	Facial Features	

		Hour 3	Facial Features	
		nour 3	radiai realures	
			1	Tack 27
			le	• Task 27
		Hour 4	Facial Features	Details may
				Details may be seen at
	Day 2	Hour 1	Facial Features	<u>Annexure-I</u>
				MINOXUIG-I
		Hour 2	Facial Features	7
			r dolar r datares	
		Hour 3	Facial Features	┪ !
		11001 3	i aciai i catures	
		110 4	Facial Factures	-
		Hour 4	Facial Features	
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	Day 3	Hour 1	Facial Features	
		Hour 2	Facial Features	
		Hour 3	Facial Features	7
		Hour 4	Facial Features	1
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	Day 4	Hour 1	Facial Features	
		l	<u> </u>	4
		Hour 2	Facial Features	
			<u> </u>	
		Hour 3	Facial Features	
		Hour 4	Facial Features	7
	Day 5	Hour 1	Facial Features	7
	, _		. 33.3 34.4.00	
		Hour 2	Facial Features	┪ !
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			Hour 3	Facial Features	
			114	E. C. E. C.	
			Hour 4	Facial Features	
Week	Safety	Day 1	Hour 1	Personal Safety in Dress	
10	Precautions			Making	
			Hour 2	Personal Safety in Dress	
			11041 2	Making	
			Hour 3	Tools Equipment Safety in	
				Dress making	
			Hour 4	Tools Equipment Safety in	
				Dress making	
		Day 2	Hour 1	Tools Equipment Safety in	
		Day 2	i ioui i	Dress making	
				3	
			Hour 2	Material Safety In Dress	
				Making	
			Hour 3	Material Safety In Dress	
				Making	
			Hour 4	Matarial Cafaty In Drago	
			Hour 4	Material Safety In Dress Making	
				maning	
		Day 3	Hour 1	Scale measurement and	T1 00
				unit conversion	Task 28Task 29
			Hour 2	Scale measurement and	
				unit conversion	Details may
					<u>be seen at</u> Annexure-I
			Hour 3	Scale measurement and	
				unit conversion	
			Hour 4	Scale measurement and	
				unit conversion	
		Day 4	Hour 1	Scale measurement and unit conversion	
				driit ooriversiori	

			Hour 2	Scale measurement and unit conversion	
			Hour 3	Scale measurement and unit conversion	
			Hour 4	Scale measurement and unit conversion	
		Day 5	Hour 1	Scale measurement and unit conversion	
			Hour 2	Scale measurement and unit conversion	
			Hour 3	Introduction and kinds of sewing machines, its parts and their function	
			Hour 4	Introduction and kinds of sewing machines, its parts and their function	
Week 11	Introduction of sewing machines, their	Day 1	Hour 1	Introduction and kinds of sewing machines, its parts and their function	
kinds and functions	kinds and functions		Hour 2	Introduction and kinds of sewing machines, its parts and their function	• Task 30
			Hour 3	Introduction and kinds of sewing machines, its parts and their function	• Task 31 <u>Details may</u>
			Hour 4	Introduction and kinds of sewing machines, its parts and their function	be seen at Annexure-I
		Day 2	Hour 1	Main Parts of sewing machine head, bed, and arm etc:	
			Hour 2	Main Parts of sewing machine head, bed, and arm etc:	

			Hour 3	Main Parts of sewing	
			Hour 3	machine head, bed, and	
				arm etc:	
			Hour 4	Main Parts of sewing	
			Hour 4	machine head, bed, and	
				arm etc:	
		Day 2	Hour 1		
		Day 3	Hour I	Main Parts of sewing machine head, bed, and	
				arm etc:	
			11		
			Hour 2	Main Parts of sewing	
				machine head , bed, and	
				arm etc:	
			Hour 3	Main Parts of sewing	
				machine head , bed, and	
				arm etc:	
			Hour 4	Main Parts of sewing	
				machine head , bed, and	
				arm etc:	
		Day 4	Hour 1	Prevent maintenance of	
				sewing machine	
			Hour 2	Prevent maintenance of	
				sewing machine	
			Hour 3	Prevent maintenance of	
				sewing machine	
			Hour 4	Prevent maintenance of	
				sewing machine	
		Dev 5	Harra 4	Drawant marintana a const	
		Day 5	Hour 1	Prevent maintenance of	
				sewing machine	
			Hour 2	Oiling , cleaning , and	
			_ 	replacement of parts	
			Hour 3	Oiling, cleaning, and	
				replacement of parts	
				- spicesmont of parts	
			Hour 4	Oiling , cleaning , and	
			1.001 7	replacement of parts	
				Topiacoment of parts	
Week	Introduction of	Day 1	Hour 1	Needle and its parts	
12	Needles	Day !	11041	Needle Types	
I '-				1333.3 1)	

Hour 3 Point Shape Thread Compatibility Hour 4 Thimble Usage Needle Care Day 2 Hour 1 Simple frock (Cutting, Stitching) Hour 2 Simple frock (Cutting, Stitching) Hour 3 Simple frock (Cutting, Stitching) Hour 4 Simple frock (Cutting, Stitching) Hour 2 Simple frock (Cutting, Stitching) Hour 3 Simple frock (Cutting, Stitching) Hour 4 Simple frock (Cutting, Stitching) Hour 3 Simple frock (Cutting, Stitching) Hour 4 Umbrella frock Cutting, Stitching) Hour 2 Umbrella frock Cutting, Stitching) Hour 3 Umbrella frock Cutting, Stitching) Hour 4 Umbrella frock Cutting, Stitching)			Hour 2	Needle Sizes Eye Size	
Hour 4 Thimble Usage Needle Care Day 2 Hour 1 Simple frock (Cutting , Stitching) Hour 2 Simple frock (Cutting , Stitching) Hour 3 Simple frock (Cutting , Stitching) Hour 4 Simple frock (Cutting , Stitching) Day 3 Hour 1 Simple frock (Cutting , Stitching) Hour 2 Simple frock (Cutting , Stitching) Hour 3 Simple frock (Cutting , Stitching) Hour 4 Simple frock (Cutting , Stitching) Hour 3 Simple frock (Cutting , Stitching) Hour 4 Simple frock (Cutting , Stitching) Hour 4 Simple frock (Cutting , Stitching) Hour 4 Umbrella frock Cutting , Stitching) Hour 2 Umbrella frock Cutting , Stitching) Hour 3 Umbrella frock Cutting , Stitching) Hour 3 Umbrella frock Cutting , Stitching)			Hour 3		
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Baby Garments Hour 2 Simple frock (Cutting, Stitching) Hour 3 Simple frock (Cutting, Stitching) Hour 4 Simple frock (Cutting, Stitching) Day 3 Hour 1 Simple frock (Cutting, Stitching) Hour 2 Simple frock (Cutting, Stitching) Hour 3 Simple frock (Cutting, Stitching) Hour 4 Simple frock (Cutting, Stitching) Hour 4 Simple frock (Cutting, Stitching) Hour 4 Simple frock (Cutting, Stitching) Hour 5 Stitching) Hour 1 Umbrella frock Cutting, Stitching) Hour 2 Umbrella frock Cutting, Stitching) Hour 3 Umbrella frock Cutting, Stitching)			Hour 4		<u>Details may</u>
Hour 2 Simple frock (Cutting , Stitching) Hour 3 Simple frock (Cutting , Stitching) Hour 4 Simple frock (Cutting , Stitching) Day 3 Hour 1 Simple frock (Cutting , Stitching) Hour 2 Simple frock (Cutting , Stitching) Hour 3 Simple frock (Cutting , Stitching) Hour 4 Umbrella frock Cutting , Stitching) Hour 2 Umbrella frock Cutting , Stitching) Hour 3 Umbrella frock Cutting , Stitching)		Day 2	Hour 1		
Hour 4 Simple frock (Cutting , Stitching)	Baby Garments		Hour 2		
Day 3 Hour 1 Simple frock (Cutting, Stitching) Hour 2 Simple frock (Cutting, Stitching) Hour 3 Simple frock (Cutting, Stitching) Hour 4 Simple frock (Cutting, Stitching) Day 4 Hour 1 Umbrella frock Cutting, Stitching) Hour 2 Umbrella frock Cutting, Stitching) Hour 3 Umbrella frock Cutting, Stitching)			Hour 3		
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Hour 4 Simple frock (Cutting, Stitching) Day 4 Hour 1 Umbrella frock Cutting, Stitching) Hour 2 Umbrella frock Cutting, Stitching) Hour 3 Umbrella frock Cutting, Stitching)			Hour 2		
Day 4 Hour 1 Umbrella frock Cutting , Stitching) Hour 2 Umbrella frock Cutting , Stitching) Hour 3 Umbrella frock Cutting , Stitching)			Hour 3		
Hour 2 Umbrella frock Cutting , Stitching) Hour 3 Umbrella frock Cutting , Stitching)			Hour 4		
Hour 3 Umbrella frock Cutting , Stitching)		Day 4	Hour 1	_	
Stitching)			Hour 2		
Hour 4 Umbrella frock Cutting			Hour 3	_	
Stitching)			Hour 4	Umbrella frock Cutting , Stitching)	
Day 5 Hour 1 Umbrella frock Cutting , Stitching)		Day 5	Hour 1	_	

			Hour 2	Umbrella frock Cutting , Stitching)	
			Hour 3	Umbrella frock Cutting , Stitching)	
			Hour 4	Umbrella frock Cutting , Stitching)	
Week 13	Ladies Garments	Day 1	Hour 1	Fashion Trends	
			Hour 2	Fashion Trends	
			Hour 3	Fashion Trends	
			Hour 4	Fashion Trends	∙Task 35
		Day 2	Hour 1	Fashion Trends	• Task 36
			Hour 2	Fashion Trends	- <u>Details may</u> <u>be seen at</u> <u>Annexure-I</u>
			Hour 3	Fashion Trends	
			Hour 4	Fashion Trends	
		Day 3	Hour 1	Fabric Selection	
			Hour 2	Fabric Selection	
			Hour 3	Pattern Making	
		David	Hour 4	Pattern Making	
		Day 4	Hour 1	Pattern Making	

		Hour 2	Cutting Techniques	
		Hour 3	Cutting Techniques	
		Hour 4	Fit and Sizing	
	Day 5	Hour 1	Fit and Sizing	
		Hour 2	Simple Pajama Cutting	
		Hour 3	Simple Pajama Cutting	
		Hour 4	Simple Pajama Stitching	
Week 14	Day 1	Hour 1	Simple Pajama Stitching	
		Hour 2	Simple Pajama Stitching	
		Hour 3	Simple Pajama Stitching	
		Hour 4	Simple Pajama Stitching	
	Day 2	Hour 1	Chori Dar pajama Cutting	∙Task 36
		Hour 2	Chori Dar pajama Cutting	•Task 37 •Task 38
		Hour 3	Chori Dar pajama Stitching	Details may be seen at
		Hour 4	Chori Dar pajama Stitching	Annexure-I
	Day 3	Hour 1	Chori Dar pajama Stitching	
		Hour 2	Chori Dar pajama Stitching	

			Hour 3	Chori Dar pajama Stitching	
			Hour 4	Sharara Cutting	
		Day 4	Hour 1	Sharara Cutting	
			Hour 2	Sharara Cutting	
			Hour 3	Sharara Cutting	
			Hour 4	Sharara Stitching	
		Day 5	Hour 1	Sharara Stitching	
			Hour 2	Sharara Stitching	
			Hour 3	Sharara Stitching	
			Hour 4	Sharara Stitching	
Week 15	Ladies Garments	Day 1	Hour 1	The Job given below is to be practice first on brown paper and then on Fabric	
	Ladies Shalwar cutting & stitching		Hour 2	Body measurement for Ladies shalwar, Shirt	
	On Brown Paper		Hour 3	Brown Paper press before cutting	
			Hour 4	Ladies Shalwar Marking & Cutting on Brown Paper	
		Day 2	Hour 1	Ladies Shalwar Marking & Cutting on Brown Paper	
			Hour 2	Ladies Shalwar Stitching on Brown Paper	

			Hour 3	Ladies Shalwar Stitching on Brown Paper	
			Hour 4	Ladies Shalwar Stitching on Brown Paper	• Task 39
		Day 3	Hour 1	Ladies Shalwar Stitching on Brown Paper	• Task 40
			Hour 2	Ladies Shirt Front Marking & Cutting on Brown Paper	<u>Details may</u> <u>be seen at</u> <u>Annexure-I</u>
	Ladies Shirt cutting & stitching		Hour 3	Ladies Shirt Front Marking & Cutting on Brown Paper	
	On Brown Paper		Hour 4	Ladies Shirt Front Marking & Cutting on Brown Paper	
		Day 4	Hour 1	Ladies Shirt Front Marking & Cutting on Brown Paper	
			Hour 2	Ladies Shirt Front Marking & Cutting on Brown Paper	
			Hour 3	Ladies Shirt Back Marking & Cutting on Brown Paper	
			Hour 4	Ladies Shirt Back Marking & Cutting on Brown Paper	
		Day 5	Hour 1	Ladies Shirt Sleeves Marking Cutting on Brown Paper	
			Hour 2	Ladies Shirt Neckline design cutting & Stitching on Brown Paper	
			Hour 3	Ladies Shirt Neckline design cutting & Stitching on Brown Paper	
			Hour 4	Ladies Shirt Neckline design cutting & Stitching on Brown Paper	
Week 16		Day 1	Hour 1	Ladies Shirt Neckline Back side cutting & Stitching on Brown Paper	

		Hour 2	Ladies Shirt Body Stitching on Brown Paper	
		Hour 3	Ladies Shirt hem/Daman folding on Brown Paper	
		Hour 4	Ladies Shirt Sleeve attachment with body on Brown Paper	Task 40 Task 41 Details may
	Day 2	Hour 1	Ladies Shalwar & Shirt Finishing	be seen at Annexure-I
		Hour 2	Ladies Shalwar & Shirt Finishing	
		Hour 3	Ladies Shalwar & Shirt Press	
		Hour 4	Ladies Shalwar & Shirt Packing	
	Day 3	Hour 1	Body measurement for Ladies shalwar, Shirt	
Ladies Shalwar		Hour 2	Press Fabric before cutting	
cutting & stitching On Fabric		Hour 3	Ladies Shalwar Marking & Cutting on Fabric	
		Hour 4	Ladies Shalwar Marking & Cutting on Fabric	
	Day 4	Hour 1	Ladies Shalwar Stitching on Fabric	
		Hour 2	Ladies Shalwar Stitching on Fabric	
		Hour 3	Ladies Shalwar Stitching on Fabric	
		Hour 4	Ladies Shalwar Stitching on Fabric	
	Day 5	Hour 1	Ladies Shirt Front Marking & Cutting on Fabric	

	Ladies Shirt cutting & stitching On Fabric		Hour 3 Hour 4	Ladies Shirt Front Marking & Cutting on Fabric Ladies Shirt Front Marking & Cutting on Fabric Ladies Shirt Front Marking & Cutting on Fabric	
Week 17		Day 1	Hour 1	Ladies Shirt Front Marking & Cutting on Fabric	
			Hour 2	Ladies Shirt Back Marking & Cutting on Fabric	
			Hour 3	Ladies Shirt Back Marking & Cutting on Fabric	
			Hour 4	Ladies Shirt Sleeves Marking Cutting on Fabric	
		Day 2	Hour 1	Ladies Shirt Neckline design cutting & Stitching on Fabric	
			Hour 2	Ladies Shirt Neckline design cutting & Stitching on Fabric	• Task 41 <u>Details may</u>
			Hour 3	Ladies Shirt Neckline design cutting & Stitching on Fabric	<u>be seen at</u> <u>Annexure-I</u>
			Hour 4	Ladies Shirt Neckline Back side cutting & Stitching on Fabric	
		Day 3	Hour 1	Ladies Shirt Body Stitching on Fabric	
			Hour 2	Ladies Shirt hem/Daman folding on Fabric	
			Hour 3	Ladies Shirt Sleeve attachment with body on Fabric	
			Hour 4	Embellishment	

		Day 4	Hour 1	Embellishment	
			Hour 2	Embellishment	
			Hour 3	Embellishment	
			Hour 4	Embellishment	_
		Day 5	Hour 1	Embellishment	_
			Hour 2	Ladies Shalwar & Shirt Finishing	_
			Hour 3	Ladies Shalwar & Shirt Press	
			Hour 4	Ladies Shalwar & Shirt Packing	
Week 18	Main problem of Sewing Machine	Day 1	Hour 1	Presser Foot Issues	
			Hour 2	Bobbin Thread Tension	
			Hour 3	Timing Adjustment	_
			Hour 4	Lubrication Issues	
		Day 2	Hour 1	Motor Problems	
			Hour 2	Stitch Length Variation	• Task 42
			Hour 3	Thread Trimming Problem	Data ila massa
			Hour 4	Bobbin Case Problems	Details may be seen at Annexure-I
		Day 3	Hour 1	Needle Alignment	_

			Hour 2	Thread Tension Issues	
			Hour 3	Feed Dog Problems	
			Hour 4	Needle Plate Damage	
		Day 4	Hour 1	Thread Knotting	
				D 11: W" " D 11	
			Hour 2	Bobbin Winding Problems	
			Hour 3	Fabric Jamming	
			Tiour 5	Tablic dallilling	
			Hour 4	Uneven Stitching	
		Day 5	Hour 1	Needle Breakage	
			Hour 2	Skipped Stitches	
			Hour 3	Bird nesting	
			III.	The LD water	
			Hour 4	Thread Breakage	
Week	Men's	Day 1	Hour 1	The Job given below is to	
19	Garments	, -	110011	be practice first on brown	
				paper and then on Fabric	
	Men's Shalwar cutting &		Hour 2	Body measurement for men's shalwar, Shirt	
	stitching		1100		
	On Brown Paper		Hour 3	Gents Shalwar Marking & Cutting on Brown Paper	
			Hour 4	Gents Shalwar Marking &	
			TIOUI T	Cutting on Brown Paper	
		Day 2	Hour 1	Gents Shalwar Stitching on	
				Brown Paper	

		Hour 2	Conta Chalwar Ctitahina an	
		nour 2	Gents Shalwar Stitching on Brown Paper	
		Hour 3	Gents Shalwar Stitching on	
			Brown Paper	• Task 43
		Hour 4	Gents Shalwar Stitching on	∙Task 44
		Tioui 4	Brown Paper	Details may
				<u>be seen at</u>
Men's Shirt cutting &	Day 3	Hour 1	Men's Shirt Front Marking &	<u>Annexure-I</u>
stitching			Cutting on Brown Paper	
On Brown		Hour 2	Men's Shirt Front Marking &	
Paper			Cutting on Brown Paper	
		Hour 3	Men's Shirt Front Marking & Cutting on Brown Paper	
			Cutting on Brown Faper	
		Hour 4	Men's Shirt Front Marking &	
			Cutting on Brown Paper	
	Day 4	Hour 1	Men's Shirt Front Marking &	
	Day 4	IIOui I	Cutting on Brown Paper	
			,	
		Hour 2	Men's Shirt Back Marking &	
			Cutting on Brown Paper	
		Hour 3	Men's Shirt Back Marking	
			Cutting on Brown Paper	
		Harry 4	Man's Chief Classes	
		Hour 4	Men's Shirt Sleeves Marking Cutting on Brown	
			Paper	
	Day 5	Hour 1	Men's Shirt Across Back	
	Day 3	i ioui i	Marking Cutting on Brown	
			Paper	
		Hour 2	Ironing Interfacing inside	
		I I Gui Z	the Button Take of man's	
			shirt on Brown Paper	
		Hour 3	Ironing Interfacing inside	
			the Front Strip of man's	
			shirt on Brown Paper	
		Hour 4	Ironing Interfacing inside	
			the Collar of man's shirt on	
			Brown Paper	

Week 20	Day 1	Hour 1	Ironing Interfacing inside the Cuff of man's shirt on Brown Paper	
		Hour 2	Ironing Interfacing inside the chalk Strip of man's shirt on Brown Paper	●Task 44
		Hour 3	Ironing Interfacing inside the Front Pocket of man's shirt on Brown Paper	<u>Details may</u> <u>be seen at</u>
		Hour 4	Ironing the Side Pocket of man's shirt on Brown Paper	Annexure-I
	Day 2	Hour 1	Ironing Interfacing inside the cuff of man's shirt on Brown Paper	
		Hour 2	Men's Shirt Button Take and front Strip Stitching on Brown Paper	
		Hour 3	Men's Shirt Front Pocket Stitching on Brown Paper	
		Hour 4	Men's Shirt Across Back Stitching on Brown Paper	
	Day 3	Hour 1	Men's Shirt hem/Daman folding on Brown Paper	
		Hour 2	Men's Shirt Chalk Strip Stitching on Brown Paper	
		Hour 3	Men's Shirt Sleeve attachment with body on Brown Paper	
		Hour 4	Men's Shirt sides Stitching and Over lock on Brown Paper	
	Day 4	Hour 1	Men's Shirt Side Pocket Stitching on Brown Paper	
		Hour 2	Men's Shirt Cuff Stitching on Brown Paper	
		Hour 3	Men's Shirt Collar Stitching on Brown Paper	

Day 5 Hour 1 Buttoning a men's shirt on Brown Paper			Hour 4	Men's Shirt Button Hole	
Brown Paper				Stitching on Brown Paper	
Hour 3 Men's Shalwar & Shirt Press		Day 5	Hour 1		
Press			Hour 2		
Packing Pack			Hour 3		
Men's Shalwar cutting & stitching On Fabric Hour 1 Gents Shalwar Stitching on Cloth			Hour 4		
Men's Shalwar cutting & stitching On Fabric Day 2 Hour 1 Gents Shalwar Marking on Cloth Hour 2 Gents Shalwar Stitching on Cloth Hour 3 Gents Shalwar Stitching on Cloth Hour 2 Gents Shalwar Stitching on Cloth Hour 3 Gents Shalwar Stitching on Cloth Hour 4 Gents Shalwar Stitching on Cloth Hour 5 Gents Shalwar Stitching on Cloth Hour 6 Gents Shalwar Stitching on Cloth Hour 7 Gents Shalwar Stitching on Cloth Hour 8 Gents Shalwar Stitching on Cloth Hour 9 Gents Shalwar Stitching on Cloth Hour 1 Men's Shirt Front Marking & Cutting on Cloth Hour 2 Men's Shirt Front Marking & Cutting on Cloth Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking & Cutting on Cloth	 	Day 1	Hour 1		
Cutting on Cloth Hour 4 Gents Shalwar Marking & Cutting on Cloth Day 2 Hour 1 Gents Shalwar Stitching on Cloth Hour 2 Gents Shalwar Stitching on Cloth Hour 3 Gents Shalwar Stitching on Cloth Hour 4 Gents Shalwar Stitching on Cloth Hour 4 Gents Shalwar Stitching on Cloth Hour 4 Gents Shalwar Stitching on Cloth Day 3 Hour 1 Men's Shirt Front Marking & Cutting on Cloth Hour 2 Men's Shirt Front Marking & Cutting on Cloth Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking & Cutting on Cloth			Hour 2	Fabric press before cutting	
Men's Shirt cutting & Cutting on Cloth Men's Shirt cutting & Shirt cutting & Cutting on Cloth Men's Shirt cutting & Shirt cutting & Shirt Front Marking & Cutting on Cloth Men's Shirt cutting & Shirt Front Marking & Cutting on Cloth Hour 2 Men's Shirt Front Marking & Cutting on Cloth Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking & Cutting on Cloth Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking & Cutting on Cloth	cutting & stitching		Hour 3		
Hour 2 Gents Shalwar Stitching on Cloth Hour 3 Gents Shalwar Stitching on Cloth Hour 4 Gents Shalwar Stitching on Cloth Hour 4 Gents Shalwar Stitching on Cloth Men's Shirt cutting & Stitching on Cloth Hour 2 Men's Shirt Front Marking & Cutting on Cloth Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking & Cutting on Cloth	On Fabric		Hour 4	_	
Hour 3 Gents Shalwar Stitching on Cloth Hour 4 Gents Shalwar Stitching on Cloth Details may be seen at Annexure-I Hour 4 Gents Shalwar Stitching on Cloth Day 3 Hour 1 Men's Shirt Front Marking & Cutting on Cloth Hour 2 Men's Shirt Front Marking & Cutting on Cloth Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking & Cutting on Cloth		Day 2	Hour 1		
Hour 3 Gents Shalwar Stitching on Cloth Hour 4 Gents Shalwar Stitching on Cloth Day 3 Hour 1 Men's Shirt Front Marking & Cutting on Cloth Hour 2 Men's Shirt Front Marking & Cutting on Cloth Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking & Cutting on Cloth			Hour 2	<u> </u>	
Men's Shirt cutting & stitching On Fabric Day 3 Hour 1 Men's Shirt Front Marking & Cutting on Cloth Hour 2 Men's Shirt Front Marking & Cutting on Cloth Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking & Cutting on Cloth			Hour 3	_	be seen at
Men's Shirt cutting & stitching On Fabric Hour 2 Men's Shirt Front Marking & Cutting on Cloth Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking &			Hour 4	_	
Stitching On Fabric Hour 3 Men's Shirt Front Marking & Cutting on Cloth Hour 4 Men's Shirt Front Marking &		Day 3	Hour 1	_	
Cutting on Cloth Hour 4 Men's Shirt Front Marking &	stitching		Hour 2		
9			Hour 3	_	
			Hour 4		

		Day 4	Hour 1	Men's Shirt Front Marking & Cutting on Cloth	
			Hour 2	Men's Shirt Back Marking & Cutting on Cloth	
			Hour 3	Men's Shirt Back Marking Cutting on Cloth	
			Hour 4	Men's Shirt Sleeves Marking Cutting on Cloth	
		Day 5	Hour 1	Men's Shirt Across Back Marking Cutting on Cloth	
			Hour 2	Ironing Interfacing inside the Button Take of man's shirt on Cloth	
			Hour 3	Ironing Interfacing inside the Front Strip of man's shirt on Cloth	
			Hour 4	Ironing Interfacing inside the Collar of man's shirt on Cloth	
Week 22	Men's Shirt cutting & stitching On Fabric	Day 1	Hour 1	Ironing Interfacing inside the Cuff of man's shirt on Cloth	
	On rabile		Hour 2	Ironing Interfacing inside the chalk Strip of man's shirt on Cloth	
			Hour 3	Ironing Interfacing inside the Front Pocket of man's shirt on Cloth	
			Hour 4	Ironing the Side Pocket of man's shirt on Cloth	
		Day 2	Hour 1	Ironing Interfacing inside the cuff of man's shirt on Cloth	
			Hour 2	Men's Shirt Button Take and front Strip Stitching on Cloth	
			Hour 3	Men's Shirt Front Pocket Stitching on Cloth	∙Task 45

			Hour 4	Men's Shirt Across Back Stitching on Cloth	Details may be seen at Annexure-I
		Day 3	Hour 1	Men's Shirt hem/Daman folding on Cloth	
			Hour 2	Men's Shirt Chalk Strip Stitching on Cloth	
			Hour 3	Men's Shirt Sleeve attachment with body on Cloth	
			Hour 4	Men's Shirt sides Stitching and Over lock on Cloth	
		Day 4	Hour 1	Men's Shirt Side Pocket Stitching on Cloth	
			Hour 2	Men's Shirt Cuff Stitching on Cloth	
			Hour 3	Men's Shirt Collar Stitching on Cloth	
			Hour 4	Men's Shirt Button Hole Stitching on Cloth	
		Day 5	Hour 1	Buttoning a men's shirt on Cloth	
			Hour 2	Men's Shalwar & Shirt Finishing	
			Hour 3	Men's Shalwar & Shirt Press	
			Hour 4	Men's Shalwar & Shirt Packing	
Week 23	Job Search & Entrepreneurial Skills	Day 1	Hour 1	Adaptability	
			Hour 2	Technical Skills	
			Hour 3	Creativity	

		Hour 4	Attention to Detail	
	Day 2	Haur 4	Trand Awaranaa	
	Day 2	Hour 1	Trend Awareness	
		Hour 2	Color Theory	
		Hour 3	Fabric Knowledge	
		i i o di o	l asno raiomoago	
		Hour 4	Sketching and Illustration	
	Day 3	Hour 1	Computer-Aided Design	
			(CAD	
		Hour 2	Communication Skills	
		110di Z	Communication Ckins	
		Hour 3	Marketing and Branding	
		Hour 4	Networking	
	Day 4	Hour 1	Business Management	
	Day 4	110ui 1	Business Management	
		Hour 2	Market Research	
		Hour 3	Social Media Savvy	
		Hour 4	Customer Service Skills	
		110ul 4	Custoffier Service Skills	
	Day 5	Hour 1	Time Management	
		Hour 2	Time Management	
		Hour 3	Financial Literacy	-
		Hour 3	Financial Literacy	
		Hour 4	Brand Identity	
	<u> </u>	1		

Week 24	Final Assessment and Project	Day 1	Hour 1	Final Assessment and Project	
			Hour 2	Final Assessment and Project	
			Hour 3	Final Assessment and Project	
			Hour 4	Final Assessment and Project	
		Day 2	Hour 1	Final Assessment and Project	Final Assessment and
			Hour 2	Final Assessment and Project	Final Project
		Day 3	Hour 3	Final Assessment and Project	
			Hour 4	Final Assessment and Project	
			Hour 1	Final Assessment and Project	
			Hour 2	Final Assessment and Project	
			Hour 3	Final Assessment and Project	
			Hour 4	Final Assessment and Project	
		Day 4	Hour 1	Final Assessment and Project	
			Hour 2	Final Assessment and Project	
			Hour 3	Final Assessment and Project	
			Hour 4	Final Assessment and Project	

Day 5	Hour 1	Final Assessment and Project	
	Hour 2	Final Assessment and Project	
	Hour 3	Final Assessment and Project	
	Hour 4	Final Assessment and Project	

Annexure-I

Tasks for Certificate in Fashion Designing and Dress Making

Task No.	Task	Description	Week
1.	Health Safety and SOP's	Make a report on health safety and SOP's	Week 1
2.	Color Wheel	Draw and Prepare a Color Wheel	Week 1
3.	Rainbow Color Wheel	Draw and Prepare a Color Wheel with Tints and Shades	Week 1
4.	Warm and Cool Colors	Create a visual composition exploring the emotional impact of warm and cool colors	Week 1
5.	Color Scheme	Design a poster showcasing contrasting color schemes to evoke different emotions	Week 2
6.	Tint and Shades	Design a visual composition demonstrating the effect of tints and shades on the perception of depth and mood in a given subject	Week 2
7.	Taking Measurement (Male)	Take measurement of human body (Male)	Week 3
8.	Taking Measurement (Female)	Take measurement from human body/dress (Male)	Week 3
9.	Taking Measurement (Kids)	Take measurement of human body (Kids)	Week 3
10.	Basic Bodice Block (Female)	Design and create a Female basic bodice block pattern, incorporating accurate standard measurement and seam allowance	Week 3
11.	Basic Bodice Block (Male)	Design and create a Male basic bodice block pattern, incorporating accurate standard measurement and seam allowance	Week 3
12.	Basic Bodice Block (Kids)	Design and create a Kids basic bodice block pattern, incorporating accurate standard measurement and seam allowance	Week 4
13.	Skirt Pattern	Design and create a basic skirt pattern, then explore various design variations	Week 4
14.	Basic Sleeve Block	Create a pattern of basic sleeve block with accurate standard measurements and seam allowance	Week 4
15.	Puff Sleeve	Create a pattern of puff sleeve with standard measurements and seam allowance	Week 4
16.	Tulip Sleeve	Create a pattern of tulip sleeve with standard measurements and seam allowance	Week 5
17.	Flared Sleeve	Create a pattern of flared sleeve with standard measurements and seam allowance	Week 5

18.	Mandarin/band Collar	Design and construct top(with panels) with mandarin/ band collar with standard measurement and seam allowance	Week 5
19.	Two-piece collar	Design and construct two piece collar with standard measurement and seam allowance	Week 5
20.	Flared Collar	Design and construct flared collar with standard measurement and seam allowance	Week 6
21.	Basic Skirt Block	Create a basic skirt block with standard measurements and seam allowance	Week 6
22.	Variations of skirt	Design and create a variations of skirt with standard measurements and seam allowance given below: • A-Line Skirt • Straight Skirt Circular Skirt	Week 6
23.	Tie and Dye and its techniques	Create a tie and dye on fabric using various techniques such as:	Week 7
24.	Felt tipped fabric pens and crayons	Create a mixed-media artwork using felt tipped fabric pens and crayons, exploring the interaction between the two medium and their effects on different surfaces	Week 8
25.	Fabric Painting	Design a fabric painting project using fabric paint, exploring various techniques	Week 8
26.	Fashion Figure	Create a series of fashion figure featuring both male and female figures	Week 8
27.	Facial Features	Create a series of facial feature focusing on diverse expressions, proportions and angles	Week 9
28.	Tools, Equipment and Safety in Dress Making	Make a report on safety precaution and SOP's for Dress Making	Week 10
29.	Tools, Equipment and Safety in Dress Making	Draw and Label tools and equipment used in dress making	Week 10
30.	Introduction of Sewing Machine	Draw and Label sewing machine and its part used in dress making	Week 11
31.	Maintenance of Sewing Machine	Make a report on maintenance of sewing machine	Week 11
32.	Introduction of Needles	Draw, label and mentions its useNeedles, its types and its partsThimble and its use	Week 12
33.	Simple Frock	Create pattern, cut and sew a simple frock with standard measurement and finishing	Week 12

34.	Umbrella Frock	Create pattern, cut and sew a umbrella frock with standard measurement and finishing	Week 12
35.	Fashion Terms	Make a report on: Fashion Trends Fabric Selection Pattern Making Cutting Techniques Fit and Sizing	Week 13
36.	Simple Pajama	Create pattern, cut and sew a simple pajama with standard measurement and finishing	Week 13 Week 14
37.	Chori Dar Pajama	Create pattern, cut and sew a Chori dar pajama with standard measurement and finishing	Week 14
38.	Sharara Stitching	Create pattern, cut and sew a Sharara with standard measurement and finishing	Week 14
39.	Ladies Shalwar (on brown paper)	Create pattern, cut, sew and press a ladies shalwar (on brown paper) with standard measurement and finishing	Week 15
40.	Ladies Shirt (on brown paper)	Create pattern, cut, sew and press a ladies shirt (on brown paper) with standard measurement and finishing	Week 15 Week 16
41.	Ladies Shalwar Kameez (on fabric)	Create pattern, cut, sew and embellish a ladies shalwar kameez (on fabric) with standard measurement and finishing	Week 16 Week 17
42.	Main Problems of Sewing Machine	Make a report on the main problems and issues of sewing machine	Week 18
43.	Gents Shalwar (on brown paper)	Create pattern, cut, sew and press a gents shalwar (on brown paper) with standard measurement and finishing	Week 19
44.	Gents Shirt (on brown paper)	Create pattern, cut, sew and press a gents shirt (on brown paper) with standard measurement and finishing	Week 19 Week 20
45.	Gents Shalwar Kameez (on fabric)	Create pattern, cut and sew a ladies shalwar kameez (on fabric) with standard measurement and finishing	Week 21 Week 22

Workplace/Institute Ethics Guide

Work ethic is a standard of conduct and values for job performance. The modern definition of what constitutes good work ethics often varies. Different businesses have different expectations. Work ethic is a belief that hard work and diligence have a moral benefit and an inherent ability, virtue or value to strengthen character and individual abilities. It is a set of values centered on importance of work and manifested by determination or desire to work hard.

The following ten work ethics are defined as essential for employee's success:

1. Attendance:

Be at work every day possible, plan your absences don't abuse leave time. Be punctual every day.

2. Character:

Honesty is the single most important factor having a direct bearing on the final success of an individual, corporation, or product. Complete assigned tasks correctly and promptly. Look to improve your skills.

3. Team Work:

The ability to get along with others including those you don't necessarily like. The ability to carry your own weight and help others who are struggling. Recognize when to speak up with an ideas and when to compromise by blend ideas together.

4. Appearance:

Dress for success, set your best foot forward, personal hygiene, good manner, remember that the first impression of who you are, can last a life time

5. Attitude:

Listen to suggestions and be positive, accept responsibility. If you make a mistake, admit it. Values workplace safety rules and precautions for personal and co-worker safety. Avoids unnecessary risks. Willing to learn new processes, systems and procedures in light of changing responsibilities.

6. Productivity:

Do the work correctly, quality and timelines are prized. Get along with fellows, cooperation is the key to productivity. Help out whenever asked, do extra without being asked. Take pride in your work, do things the best you know how. Eagerly focuses energy on accomplishing tasks, also referred to as demonstrating ownership. Takes pride in work.

7. Organizational Skills:

Make an effort to improve, learn ways to better yourself. Time management; utilize time and resources to get the most out of both. Takes an appropriate approach to social interactions at work. Maintains focus on work responsibilities.

8. Communication:

Written communication, being able to correctly write reports and memos. Verbal communications, being able to communicate one on one or to a group.

9. Cooperation:

Follow institute rules and regulations, learn and follow expectations. Get along with fellows, cooperation is the key to productivity. Able to welcome and adapt to changing workplace situations and the application of new or different skills.

10. Respect:

Work hard, work to the best of your ability. Carry out orders, do what's asked the first time. Show respect, accept and acknowledge an individual's talents and knowledge. Respects diversity in the workplace, including showing due respect for different perspectives, opinions and suggestions.

SUGGESTIVE FORMAT AND SEQUENCE ORDER OF SUCCESS STORY

S.No	Key Information	Detail/Description
1.	Self & Family background	 Self-introduction Family background and socio economic status, Education level and activities involved in Financial hardships etc
2.	How he came on board NAVTTC Training/ or got trained through any other source	 Information about course, apply and selection Course duration, trade selection Attendance, active participation, monthly tests, interest in lab work
3.	Post training activities	 How job / business (self-employment) was set up How capital was managed (loan (if any) etc). Detail of work to share i.e. where is job or business being done; how many people employed (in case of self-employment/ business) Monthly income or earnings and support to family Earning a happy life than before
4.	Message to others (under training)	 Take the training opportunity seriously Impose self-discipline and ensure regularity Make Hard work pays in the end so be always ready for the same.

Note: Success story is a source of motivation for the trainees and can be presented in a number of ways/forms in a NAVTTC skill development course as under: -

- 1. To call a passed out successful person of institute. He/she will narrate his/her success story to the trainees in his/her own words and meet trainees as well.
- 2. To see and listen to a recorded video/clip (5 to 7 minutes) showing a successful person Audio video recording that has to cover the above-mentioned points.
- 3. The teacher displays the picture of a successful trainee (name, trade, institute, organization, job, earning per month etc) and narrates his/her story in teacher's own motivational words.